



	機構 Organisation	計劃 Project	計劃簡介 Project Description
1	Hong Kong Alzheimer's Disease Association 香港認知障礙症協會	Dementia Awareness Campaign in Taikoo Shing 認知守護太古城	This programme aims to build a dementia friendly community around Taikoo Shing through talks & training for building management frontline teams and residents, and planning to host an exhibition at Cityplaza for cognitive screening tests and educating communities about dementia and its symptoms. 計劃旨在太古城區營造認知友善社區,舉辦教育講座,讓居民對認知障礙症有更多認識,並協助前線物業管理人員識別潛在個案,支援患者及家屬。為進一步提升公眾對認知障礙症的認識和關注,亦計劃在太古城中心展出相關資訊,並安排大腦健康初步檢測服務。
2	HK Lutheran Social Services 香港路德會社會服務處	E-Home Toy Library for the Elderly E-家 腦玩童	Lend cognitive training toys from its Toy Library to the elderly, to provide them with continuous cognitive trainings which helps prevent and delay cognitive decline and relieve the stress of their caregivers. 「腦玩童俱樂部 - 預防長者腦退化玩具圖書館」提供外借認知訓練玩具,讓長者安坐家中亦可以進行認知能力訓練,預防及延緩長者認知能力衰退,並舒緩照顧者壓力。
3	Christian Family Service Centre – Shun On District Elderly Community Centre 基督教家庭服務中心 – 順安長者地區中心	ArtMazing . Care Community 耆藝.併社區	Enhance the wellness of the elderly and reconnect them with the community through arts & culture activities, community visits and expressive art therapy. 關注長者在疫情下的精神健康,透過文化藝術、社區考察和懷緬治療活動,鼓勵他們關心社區及學習新技能。
4	Arts With the Disabled Association Hong Kong 香港展能藝術會	Creative Arts Workshop for Elders Project 長者創藝同行計劃	Employ artists with disabilities to conduct arts workshop for the elderly from District Elderly Community Centers. This will provide employment opportunities for the disabled artists and empower the elderly through arts. 聘請展能藝術家為地區長者社區中心的長者舉辦藝術工作坊,為展能藝術家提供就業機會,同時透過藝術活動提升長者的自信心。





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5	Methodist Centre 循道衛理中心	Eat Smart Live Healthy for Elderly 有「營」耆英「智」識食	Promote healthy diet and lifestyle for the elderly with chronic diseases, and care for the elderly through volunteer services such as care calls, home visits and grocery shopping. 為有長期病患的長者推廣健康飲食及生活方式,透過關懷電話、家訪及日常用品採購物等義工服務關心有需要長者。
6	WeCareBill Foundation Limited 病不孤單基金會	XMAS Wish-Share-Love 病不弧單之聖誕快樂	Support 1000 underprivileged cancer patients and their family with resources and post-diagnosed care and knowledge, such as patient hotline, drug counselling and gifting services. 關愛1000名有經濟困難的癌症病友及家屬·提供物資支援及病症護理訊息·如病友熱線、藥物諮詢和禮物等支援服務。
7	Family Network 家盟	"We CARE" Project 會員互助關懷計劃	Provide support for relatives of ex-mentally ill people including care calls, home visits, interest classes and anti-epidemic goods. 為精神病康復者家屬提供支援,包括關懷熱線、家訪、興趣班及防疫物資支援。
8	Tuberous Sclerosis Complex Association of Hong Kong 香港結節性硬化症協會	"Beyond the 3cm" TSC Arts Inclusion Workshops 「罕同行」 藝術共融工作坊	Provide art therapy workshops to empower 40 TSC patients and their families, to raise public awareness of rare disease and promote social inclusion. 讓40位結節性硬化症患者及其家人有機會參加藝術治療工作坊,透過工作坊協助他們抒發情感及展能,並向公眾宣傳有關罕見病人面對的挑戰及推動共融。
9	The Hong Kong Tourette Association 香港妥瑞症協會	"Having Tourette is OK!" Drama Performance 「妥 . 協 」話劇	Produce drama shows to raise public awareness and understanding of the challenges faced by Tourette patients and their caretakers. 透過製作及話劇演出,提升公眾對妥瑞症患者的包容,並加深了解照顧者面對的挑戰。
10	Lifewire Foundation Limited 護聯網	Support Patients with Rare Diseases 支援罕見病患者	Purchase specialised equipment for a "Spinal Muscular Atrophy" youth patient which provides critical relief of symptoms, and support the scientific research for "Friedreich's Ataxia". 為一名「脊髓性肌肉萎縮症」的青年患者購買醫療儀器以緩解其病症,並支持「弗裏德賴希共濟失調」相關的科學研究。





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11	The Ebenezer School & Home for the Visually Impaired Limited 心光盲人院暨學校	Eyes on the Good 睇好啲工作坊	This programme not only provide training opportunity for some visually impaired youngsters to organise eye care and positive psychology workshops, but also an opportunity for them to develop their full potential, enhances public awareness on ocular health and promotes social integration. 培訓視障人士舉辦以護眼及正向心理學之工作坊,為視障青年創造就業機會,發揮所長,並加強市民對眼睛健康的關注,推動社會共融。
12	ImpactHK Limited 同路舍	Kindness Walk 仁愛行	透過ImpactHK同路舍的仁愛行計劃為經歷無家的人士提供三個月的支援服務。 Three months support for people experiencing homelessness through the ImpactHK Kindness Walk programme.
13	Urdu Neighbour Centre Limited 烏都鄰舍中心	Love and Care in Epidemic Time 抗疫展能顯關愛	Provide employment training to young people with special educational needs and ethnic minorities youth, help them become self-reliant through equipping them with baking skills. To show care for the elderly neighbour, the finished bakery products will be shared with them. 為有特殊教育需要及少數族裔青年提供就業培訓機會,透過裝備烘培技能幫助他們自力更生,並將製成品送贈給有需要長者,關懷社區。
14	J Life Foundation Limited 啓愛共融社區中心	Start Doing Sports! 啓動.愛上做運動	Invite former Hong Kong Olympic athletes as coaches to provide sports programmes for underprivileged primary school students and their parents. This addresses the issue of inactivity of children during the pandemic, promote the benefits of regular exercise and help them to develop positive values & attitudes. 邀請前香港奧運運動員擔任教練,為基層小學生及家長提供運動班,改善普遍兒童居家防疫期間欠缺運動的問題,鼓勵他們強健體魄,並建立積極的人生觀。
15	Time Capsule Limited 時光	Stories in developed community 舊區故事紀錄	Train the visually impaired and wheelchair users to interview and record the stories of good people and good deeds in the community, providing job opportunities for people with disabilities and promoting disability inclusion. 培訓視障人士及輪椅使用者採訪及寫作技巧,走訪社區發掘及記錄好人好事,為他們製作就業機會,促進傷健共融。





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16	PathFinders Hong Kong Limited 融幼社	Ambassador Training Programme & Workshops	Train and empower migrant domestic workers to become PathFinder's Ambassadors, so that they can educate their peers about reproduction health knowledge, maternity policies and rights, and the importance of making well-informed life decisions while working in HK. 培訓外傭成為融幼社大使,在社區內向其他外傭推廣生育健康常識、產假政策及權利,及明智規劃在港工作期間的生活。
17	Otic Foundation Limited 奧迪慈善基金	"H.E.A.R. Together for Good" Care and Support Programme 「耳愛同行」關懷及支援計劃	Reach out to the elderly with hearing loss through home visits and care calls, and provide Auditory Verbal Therapy sessions to the hearing impaired children and their families. These alleviate the adversities faced by the hearing impaired community under the pandemic and reconnect them with the society. 透過家訪及電話慰問服務關懷聽障長者,並為聽障兒童及其家長提供聽覺言語治療,提升聽障社群在疫情下的生活質素,幫助他們重新與社區建立聯繫。
18	Christian & Missionary Alliance Wah Kee Church Social Services Centre 基督教宣道會華基堂社會服務部	Cheer Up.SEN Youth 「古」勵.創新Teen	Provide job opportunities and vocational training for young people with special educational needs, by purchasing equipment and setting up workshops to produce customised products. 購買器材及設立工場製作訂做產品,為有特殊教育需要的年青人創造就業機會及提供工作訓練。
19	Splash Foundation Limited	Splash Learn to Swim Programme	Teaching 50 migrant domestic workers to learn how to swim through the 12-week programme, and gain confidence in and out of the water. 透過12星期的游泳課程,教授 50位外傭游泳及在水中求生的知識和技巧,提升她們的生活自信及身心健康。
20	Yan Oi Tong Jockey Club Tin Ka Ping Integrated Children and Youth Services Centre 仁愛堂賽馬會田家炳綜合青少年服 務中心	S.P.A.C.E.	Offer 250 Primary One and Two pupils with extracurricular activities that combine "Sports", "Play" and "Arts" elements to enhance children's wellbeing and encourage them to express themselves. This helps them adapt to the new learning environment. 為 250位小一及二學生提供揉合運動、遊戲及藝術元素的課外活動,提升學童的身心健康及鼓勵情緒表達,幫助他們適應新的學習環境。





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21	Ignite Community Services	Live Your Dream. Don't Settle.	Inspire 1,500 students and underprivileged youngsters through screening movie of the life story of Lai Chiwai, a paraplegic rock climber who was known as "Asia's Rock-climbing King". The screening and sharing sessions will help the students become resilient when faced with adversity. 透過放映有「亞洲攀石王」之稱的傷殘運動員黎志偉的生命故事電影‧啟發1500位學生及弱勢青年‧傳遞逆境自強、永不放棄的精神。
22	Hong Kong Federation of Youth Groups Wellness PLUS 香港青年協會 全健空間	Whole Wellness Healing Project 全健身心治癒計劃	Train and empower young people as tutors to conduct upcycling workshops and offer the youth trainers to experience organic farming which can help raise their awareness of nature conservation. 培訓年輕導師舉辦社區升級再工作坊,宣傳可持續發展的環保訊息。同時,提供機會讓年輕導師體驗生態導賞遊,增加對大自然的保育意識。
23	Feeding Hong Kong 樂餉社	The FHK Foodbank: bridging the gap between food waste and hunger during Covid-19 樂餉社食物銀行:共跨疫境 — 彌合飢餓與食物浪費之間的差距	Rescue high quality surplus food that would otherwise end up in landfill. Instead, this food will be redistributed to frontline charities across the city supporting vulnerable families and individuals affected by the ongoing effects of the pandemic. Volunteers will help collect, sort and pack food for distribution to those in need.  樂詢社致力拯救優質剩食,避免食物前往堆填區而造成浪費。經義工的協助下,我們收集、分類、包裝並轉送剩食到多間本地社福機構,為疫情持續影響的低收入家庭提供食物援助。
24	People Service Centre Limited - Food Friend Action 民社服務中心 - 糧友行動	Connection of Food and Love 愛。食同行	Collect and package surplus or donated food and redistribute to 1700 families in need at Mid-Autumn Festival, reducing food waste and relieving the financial burden for those in need. 收集及包裝剩餘或捐贈的可食用食物.於中秋節前夕分發予1,700個有需要家庭.減少食物浪費.並為有需要人士減輕生活負擔。
25	Redress Limited	Get Redressed Month and Sort-a-thon	A programme to reduce clothing waste through the collection, sorting and redistribution of up to 20 tonnes of second-hand clothing to people in need. 以集、整理及分類重逾 20公噸的二手衣物,重新分發給有需要的人,給予舊衣物新生並減少浪費。





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26	Soap Cycling Limited 再皂福	Pilot Scheme - Working for Social Inclusion 皂融樂	Train and empower young people with learning difficulties to facilitate soap recycling workshops, which collect, process and distribute lightly used soap bars and bottled amenities to the disadvantaged communities. This offers job opportunities for the youths in need while promoting social inclusion. 培訓有特殊教育需要的年青人協助肥皂回收工作坊的運作・收集、處理和分發輕度用過的肥皂及支裝淋浴用品給弱勢社群,為有需要的青年創造就業機會,推動社會共融。
27	Community Leap 喜動社區	Repair Café – Repair & Legacy 復修冰室 – 社區復修師培訓計劃	Train ethnic minorities with household appliances maintenance and repair skills to serve the underprivileged families in the regular 'Repair Café' in communities. By giving back to the community with their skills, this helps enhance their confidence and sense of belongings which promotes social inclusion. 教授少數族裔簡單電器保養及維修技巧,於社區定期開放「復修冰室」協助基層家庭維修家電,將技能回饋社區,藉此提升他們的自信心及社區歸屬感,推動社會共融。
28	Say Yeah Limited 死嘢	Celebrating Life Workshop 生命教育工作坊	舉辦生死教育工作坊·帶領100 位參加者討論及反思生命的價值·並建立積極的人生態度及對死亡的正確價值觀。 Organise life and death education workshops for 100 participants to discuss and explore the values of life, help them establish positive perspectives and optimistic thoughts on death.